

Bagels

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|-------------------------|-------|
| Single | 2.00 |
| Bakers Dozen | 22.00 |
| Mini Bagel | 1.25 |
| Flagel | 2.00 |
| French Toast Bagel | 2.50 |
| Bagel | |
| w/Butter | 3.75 |
| w/Plain Cream Cheese | 3.75 |
| w/Lite Cream Cheese | 4.25 |
| w/Flavored Cream Cheese | 5.00 |
| w/Lox Spread | 6.00 |
| w/Cream Cheese & Sliced | |
| Nova Scotia Lox | 9.00 |

Cream Cheese Flavors

Scallion, Vegetable, Walnut Raisin,
Strawberry, Olive, Sun-Dried Tomato

Cream Cheese by the 1/4 pound

Plain 3.00 Lite 3.25

Flavored 5.00

Lox Spread 6.00

Sliced Nova Lox 9.00



201.882.1414

Catering & Delivery Available!

Omelettes

Platters served w/your choice of
hash browns & bagel or toast
2.00 Extra

| | |
|-----------------------------------|------|
| Cheese | 7.00 |
| Western | 8.75 |
| Ham, Peppers, Onions | |
| Greek Tomato & Feta | 8.75 |
| Spinach | 7.50 |
| Bacon & Cheese | 8.75 |
| Egg Whites Add 2.50 Meat Add 2.50 | |

Egg Sandwiches

Sandwiches served on your choice of
bagel, roll, wrap or sliced bread

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|---|------|
| Two Eggs Any Style | 3.75 |
| Egg & Cheese | 5.50 |
| Taylor Ham & Egg | 6.25 |
| Taylor Ham, Egg & Cheese | 7.25 |
| Bacon & Egg | 6.25 |
| Bacon, Egg & Cheese | 7.25 |
| Sausage & Egg | 6.25 |
| Sausage, Egg & Cheese | 7.25 |
| Western Egg Sandwich | 8.75 |
| Ham, Eggs, Peppers & Onions | |
| Egg Whites & Turkey (2 Eggs) | 8.75 |
| Substitute Egg Whites 1.75 Extra | |
| Add Hash Browns to Any Sandwich 1.50 | |
| Add Avocado to Any Sandwich 1.75 | |

Bakery & Light Breakfast

| | |
|------------------|------|
| Assorted Muffins | 4.50 |
| Crumb Cake | 4.50 |
| Croissant | 2.50 |
| Yogurt Parfait | 5.25 |
| Fruit Cup | 5.25 |
| Yogurt | 2.50 |

Pancakes 3 Fluffy Pancakes

| | |
|-------------------|------|
| Plain | 8.25 |
| Blueberry, Banana | |
| Chocolate Chip | 8.75 |
| Add Meat 2.00 | |

Coffee & Tea

Coffee/Tea (Regular)

Sm 2.50 Med 3.00 Lrg 3.50

Coffee (Flavored) Tea (Specialty)

Sm 2.75 Med 3.25 Lrg 3.75

Iced Coffee & Fresh Brewed

Iced Tea 4.00

Box of Coffee to Go \$25

Flavored Coffees

Hazelnut, French Vanilla
& Seasonal Favorites.

Hot Chocolate Cappuccino

Specialty Teas

English Breakfast, Green,
Chamomile, Chai,
Peppermint, Orange Spice

Fruit Smoothies

Flavors

Strawberry, Strawberry Banana
Strawberry Mango, Mango & Mixed Berry

Deli Sandwiches

Served w/Boar's Head Cold Cuts on
bagel, roll, wrap or sliced bread
(white, whole wheat, rye)

Sandwich Per lb

| | | |
|------------------------|------|-------|
| Roast Beef | 9.00 | 13.99 |
| Roast Turkey | 8.00 | 12.99 |
| Ham | 8.00 | 12.99 |
| Genoa Salami | 8.00 | 12.99 |
| Pastrami | 8.00 | 13.99 |
| Cheese (All Varieties) | 5.50 | 10.99 |

Deluxe Corner

All Deluxe Served w/French Fries

| | |
|------------------------------------|-------|
| Hamburger Deluxe | 9.25 |
| Cheeseburger Deluxe | 9.75 |
| Philly Cheesesteak Deluxe | 10.50 |
| Grilled Cheese Deluxe | 7.95 |
| Chicken Finger Deluxe | 8.95 |
| Chicken Gyro Deluxe | 10.95 |
| Breaded Chicken | 9.95 |
| w/Lettuce, Tomato & Mayo on a Roll | |

Gourmet Salads

by the Pound

| | |
|--------------------|-------|
| Tuna Salad | 10.99 |
| Low Fat Tuna Salad | 11.99 |
| Chicken Salad | 10.99 |
| Egg Salad | 8.99 |
| Egg White Salad | 10.99 |

Sides on a Sandwich

Cheese American, Provolone,
Muenster, Swiss, Mozzarella, Cheddar 1.00
Onion 25¢ Lettuce 75¢ Tomato 1.00
Roasted Peppers 1.25
Coleslaw 1.00 Fresh Mozzarella 1.50

Paninis **\$9.95**

Chicken Tuscany *marinated chicken, roasted peppers, fresh mozzarella w/sun-dried tomato tapenade & pesto*

Grilled Veggie *grilled vegetables & fresh mozzarella in a balsamic vinaigrette marinade*

South Western *turkey, cheddar, bacon & chipotle spread*

BBQ *BBQ chicken, red onions & cheddar cheese*

Turkey BLT *turkey, bacon, lettuce & tomato w/basil mayonnaise*

Russian *roast beef, provolone, red onion, lettuce, tomato & russian dressing*

All American *ham, provolone & honey mustard*

Classic Pastrami *w/swiss & mustard*

Sides & Salads

by the Pound

Macaroni Salad 7.50

Potato Salad 7.50

Cole slaw 7.50

Mozzarella w/ Tomato & Basil 7.50

Mediterranean Chickpea Salad 7.50

Gourmet Chips 2.50

French Fries 4.75

Gourmet Salad Sandwiches

Served on your choice of bagel, roll, wrap or sliced bread

Tuna Salad 8.00

Chicken Salad 8.00

Egg Salad 7.75

Spinach Egg White Salad . 8.50

Low Fat Tuna Salad 9.50

Add Fries to Any Sandwich 2.75

Fresh Salads

Garden Salad 8.50

a tasty mix of tomatoes, cucumbers, green peppers & shredded carrots over a bed of crisp tossed greens

Caesar Salad 8.50

romaine lettuce w/seasoned croûtons tossed with caesar dressing & parmesan cheese

Greek Salad 9.75

tomatoes, cucumbers, feta cheese, olives & grape leaves tossed over a bed of romaine lettuce & served with our signature greek dressing

Harvest Salad 9.75

mixed greens, apples, candied walnuts, dried cranberries and parmesan cheese topped w/our house balsamic vinaigrette

Chef Salad 10.75

traditional chef salad topped w/tender roast beef, swiss cheese, ham, turkey, hard boiled egg, on a bed of fresh lettuce, tomatoes & green peppers

Add a Scoop of Gourmet Salad 2.50

Add Grilled/Breaded Chicken to Any Salad 2.50

MP Specials **\$9.25**

Caesar Wrap *grilled chicken breast, parmesan cheese, crisp romaine lettuce & caesar dressing*

Mambo Italiano *grilled chicken, roasted red peppers, fresh mozzarella & basil w/balsamic vinaigrette on a roll*

Italian Hero *ham, salami, provolone w/lettuce, tomato, onions, oil, vinegar, salt & pepper on a roll*

Tuna Melt *fresh homemade tuna salad topped w/melted american cheese served on rye toast*

Philly Cheesesteak *tender strips of steak, smothered w/grilled peppers & onions topped w/melted american cheese on a roll*

Mediterranean Wrap *grilled chicken w/feta cheese, roasted peppers, black olives & lettuce*

Breaded Chicken Cutlet *w/bacon & cheddar w/mayo on a roll*

Hot Roast Beef *Roast beef, topped w/melted cheddar cheese w/ranch dressing on a long roll*

California Club *grilled chicken topped w/turkey bacon, avocado, lettuce, tomato & ranch served on a wrap*

The Healthy Sandwich *egg white salad w/avocado served on a scooped out, toasted whole wheat bagel* 7.95

Triple Decker *turkey, ham, american cheese on whole wheat toast topped w/crispy bacon, lettuce, tomato & mayonnaise*

Buffalo Chicken Wrap *breaded chicken cutlet w/buffalo sauce served with fresh greens, tomatoes & ranch dressing* 5

Turkey Club Wrap *served w/bacon, lettuce, tomato & mayonnaise*

Classic Grilled Cheese . . . 5.25

w/tomato 6.25

w/bacon (pork or turkey) . . . 7.25

Classic PB&J 5.25

Classic BLT 7.25

www.midlandparkbagels.com

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